



**SPINCYCLE**

**LIFE\*SPIN**

Christmas 2023

## **LIFE\*SPIN**

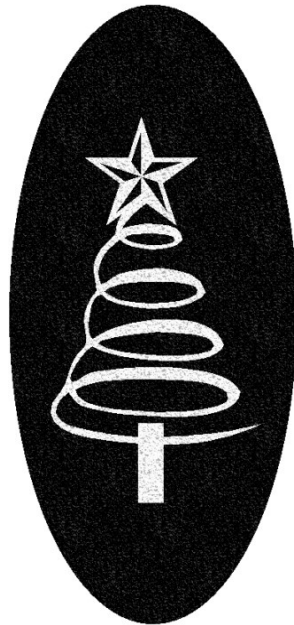
# **Building Community Foundations for Self-Reliance**

### **Christmas Sponsorship**

Sponsors are asked to buy **one gift** for each child in the family. We asked you to provide two items, under \$50, so the sponsor some things to choose from.

Sponsors are very generous and all of them would appreciate a **thank you card**. This helps to ensure they feel appreciated and want to help again next year.

We have provided you with a family number on your bag. Please mark your family number on the back of the envelope for the thank you card.



Ontario  
Trillium Foundation



Fondation Trillium  
de l'Ontario

An agency of the Government of Ontario  
Un organisme du gouvernement de l'Ontario

You can drop your thank-you card through our mail slot at 866 Dundas Street or you can mail it to us at

LIFE\*SPIN  
P.O. Box 2801  
London, ON N6A 4H4

You are welcome to hand-make a card with your children too

If you find a job over the coming year, please do consider sponsoring a family next season.

We look forward to seeing you at the Free Store or at upcoming workshops or events.

### **Other LIFE\*SPIN Programs**

- *Office of the Community Advocate*
- *Free Store*
- *Just 4 Us (female identifying in Grades 7-12)*
- *Volunteer Income Tax program*
- *Seniors programs*
- *School Back Pack Program*
- *Legal & Financial workshops*
- *Pocket Sized Farms -Summer Gardens program for kids*
- *Community Housing Initiative*
- *Baby Fair for Pregnant Moms*



*Serving low-income families in  
London for 30 years*

**LIFE\*SPIN**

**866 A Dundas Street  
P.O. Box 2801  
London, ON N6A 4H4**

**www.lifespın.org**

**(519) 438-8676**

## **Office of the Community Advocate**

LIFE\*SPIN provides support to those needing help to complete forms for accessing Ontario Disability Support Program, Canada Pension Plan, London Housing, Discretionary Benefits, Assistance for Children with Severe Disabilities, Ontario Works, Assistive Devices, and more....

Please complete the registration form at:

<https://form.jotform.com/233134583969265>

Our Advocate, Nicole, will book you an intake appointment to assist you with completing forms.



## Free Store

872 Dundas Street East,

The LIFE\*SPIN Free Store provides seasonal clothes, footwear, linens, and household items for all registered shoppers: FREE

2024 Registrations opens on December 22nd.

<https://form.jotform.com/233134242194247>

## Volunteer Income Tax Program

We are pleased to have Len Roozen assisting you in the preparation and e-filing of your 2023 and prior years Income Tax Returns.

· Registrations for 2023 returns are being booked for March . Registration opens on December 22 at:

<https://form.jotform.com/233135005503239>

· If you are behind on filing 2022 or earlier, we can file your tax returns, as far back as 2014. Our service for preparing taxes is by appointment only and is done over the telephone.

## Improve your Housing

We are participating in planning a city-wide Property Standards Clinic to help you fill out forms to have repairs made on your rental housing.

If you need help to request repairs , please enter your contact information at:

<https://form.jotform.com/233135577939266>

We will email you a registration form, once we have set a date and location for the clinic

## Information Workshops

### 1. Caregiving Supports Workshop

Do you know a senior who would benefit from Caregiving services. This workshop is for them to find out what help is available and how to apply.

**January 23, 2024 @ 11:00 at LIFE\*SPIN**

Register at:

<https://form.jotform.com/233134856771259>

### 2. Labour of Love ~ Pregnancy Fair

LIFE\*SPIN is hosting a Baby Fair for low-income parents who are expecting a baby soon.

· Door Prizes  
· Draws for Community Food Box, Baby Items, Grocery Cards

... and fantastic “vendors” that will share information on programs, supports, healthcare, how to access financial supports and more

Register at:

<https://form.jotform.com/233134917312248>

### 3. Employment Supports Workshop:

Many of our low-income families would like to have a paying job. There are many places that offer employment supports to help you get a job and the things you need to start working.

**March 5, 2024 @11:00 at LIFE\*SPIN**

Register at:

<https://form.jotform.com/233135306952251>

### 4. Senior's Fair ~ March 26, 2024 from 1-3 pm

LIFE\*SPIN is hosting a Senior's Fair for low-income individuals who are 64 year-of-age or older.

· Door Prizes  
· Draws for Community Food Box, Mobility Items, Grocery Cards

... and fantastic “vendors” that will share information on programs, supports, healthcare, how to access financial supports and more

You can share this event with other low-income family and friends who would benefit from information regarding benefits and supports that are available when you turn 65 and will improve their quality of life as they age.

<https://form.jotform.com/233135008401239>